

- Driving Dilemmas and the Law
- Emotional Symptoms and MCI
- Infection Control
- Palliative Care
- Suicide
- Continence
- Management of Heart Failure
- Physical Activity Best Practice Guidelines
- National Guidelines for Seniors Mental Health

Geriatric Medicine Refresher Day

SOWING THE SEEDS: KNOWLEDGE TO PRACTICE

London Convention Centre, London, Ontario

7:30 am – 8:20 am Registration, Displays and Refreshments

8:20 am – 8:30 am WELCOMING REMARKS

Laura Diachun, Conference Chair, Geriatrician, Division of Geriatric Medicine, University of Western Ontario

8:30 am – 9:20 am PLENARY SESSION

Pandemic Preparedness

Bryna Warshawsky, Director, Communicable Disease, Middlesex-London Health Unit, London, Ontario

Learning Objectives:

- Understand current infection prevention strategies
- Learn about the latest Pandemic information

9:20 am – 9:50 am Refreshments, Displays and Networking

9:50 am – 11:00 am MORNING CONCURRENT WORKSHOPS

1. National Guidelines for Seniors Mental Health - LTC

Maggie Gibson, Psychologist, SJHC London

Learning Objectives:

- Review recommendations for the management of mood and behaviour symptoms in LTC
- Discuss access, utilization and outcomes in guidelines

2. Physical Activity and Aging -Best Practice Guidelines for Care Facilities

Clara Fitzgerald, Program Director, Canadian Centre for Activity and Aging

Learning Objectives:

- Understand Best Practice recommendations for physical activity opportunities
- Discuss models for delivering physical activity programs

3. Driving Dilemmas and the Law

Anna Byszewski, Geriatrician, The Ottawa Hospital

Learning Objectives:

- Recognize ethical and legal issues of driving and cognitive impairment
- Determine practical methods of addressing the medical issues around fitness to drive

4. Provincial Palliative Care Integration Project (PPCIP)

Karen Palmer, Regional Improvement Coordinator, PPCIP

Ingrid Harle, Medical Director of Palliative Care, London Regional Cancer Program (LRCP)

Learning Objectives:

- Understand the population and program aims
- Learn to apply the common assessment tools

5. Prevention of Viral and Bacterial Infections in the Elderly

Bryna Warshawsky, Director, Communicable Disease, Middlesex-London Health Unit, London, Ontario

Learning Objectives:

- Review new and existing vaccines
- Learn about viral and bacterial infection prevention.

11:10am – 12:20pm MORNING CONCURRENT WORKSHOPS

6. Continence and Cognition:Managing the Overactive Bladder (OAB) in Seniors

Gary Kay, Neuropsychologist, Georgetown University School of Medicine, Washington Neuropsychological Institute

Sue O'Hara, NP/CNS, SJHC London

Learning Objectives:

- Discuss conservative and medication approaches for OAB
- Understand the effects of urinary anticholinergic drugs on cognition

7. Healing, Helping and Hoping: Working More Effectively with People who are Dying

Michele Chaban, Clinical Thanatologist, University of Toronto, Wilfred Laurier University, University of Wales

Learning Objectives:

- Discuss the concept of “dying healed”
- Learn strategies to effectively support our dying patients, their families, and each other

8. Driving Dilemmas and the Law (repeat of #3)

9. Emotional Symptoms in Mild Cognitive Impairment (MCI)

Amer Burhan, Geriatric & Neuropsychiatrist, RMHC London

Learning Objectives:

- Review the prevalence of emotional symptoms of MCI
- Understand brain correlates of emotions
- Discuss assessment and management of the emotional symptoms of MCI

10. Heart Failure: A Cardiogeriatric Syndrome

George Heckman, Geriatrician, McMaster University

Learning Objectives:

- Review the association between heart failure and geriatric syndromes
- Review the management of heart failure as it pertains to function and cognition

12:20 pm – 1:30 pm Lunch, Displays and Networking

1:30 pm – 2:20 pm PLENARY SESSION

The Year in Review: Ten Important Developments in Geriatric

Care, **Chris Brymer**, Geriatrician, SJHC London

Learning Objectives:

- Understand how to critically review the literature
- Become familiar with emerging concepts in Geriatric Care

2:20 pm-2:30 pm AFTERNOON BREAK

2:35 pm-3:45 pm AFTERNOON CONCURRENT WORKSHOPS

11. Physical Activity and Aging -Best Practice Guidelines for Care Facilities

Clara Fitzgerald, (repeat of #2)

12. Heart Failure: A Cardiogeriatric Syndrome

George Heckman, (repeat of # 10)

13. Preventing Suicide in Late Life

Marnin Heisel, Psychologist, University of Western Ontario

Learning Objectives:

- Review evidence on the assessment of suicide risk and prevention
- Examine the strength of evidence for associated recommendations

14. Continence and Cognition: Managing the Overactive Bladder in Seniors, Gary Kay, Sue O'Hara (repeat of #6)

15. Healing, Helping and Hoping (repeat of #7)

3:45 pm-4:00 pm ADJOURNMENT AND EVALUATION

Who Should Attend

We invite physicians, managers and staff of care facilities serving elderly persons living at home or in institutions. Recognizing the interdisciplinary nature of geriatric care, and the feedback from last year’s conference evaluation, selected topics are designed for physicians, nurses, therapists, nutritionists, social workers, and discharge planners, as well as people serving primarily in administrative positions.

About the Conference

We are proud to present and celebrate our 21st annual conference, which provides professionals with another opportunity to broaden their knowledge base, to refine specific skills, and to meet with others who share their concern in improving quality care to the elderly. The plenary sessions encourage cross-disciplinary investigation of subjects common to all, while concurrent sessions provide medical updates and investigation of other topics in geriatric care. All sessions include time for questions from participants. The speakers participate throughout the day and informal discussions are encouraged at the display and book sales areas during breaks and lunch. Information on accessing services in Southwestern Ontario. as well as handout material from all sessions, will be available. *We look forward to seeing you!*

Sponsors

The University of Western Ontario, London, Ontario; Division of Geriatric Medicine; Schulich School of Medicine and Dentistry; The Ontario Ministry of Health and Long Term Care; Southwestern Ontario Regional Geriatric Program; St. Joseph’s Health Care, London. This program has been made possible through unrestricted educational grants from Janssen-Ortho Inc; Lundbeck Canada Inc; MERCK FROST; Novartis Pharmaceuticals Canada Inc; and Pfizer Canada; Triton Pharma Inc.

Study Credits

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for up to 5.5 MAINPRO-MI credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. This program has been reviewed and approved by Continuing Medical Education

Early Bird Fee

The **Early Bird** fee of \$120 is honoured until April 2, 2007. Your registration must be postmarked no later than April 2, 2007 (mail, fax, email). Please complete the registration form included with the flyer.

Fees

The fee of \$140 per person (\$55 per student/volunteer) includes lunch, refreshments, parking, and conference package. It is due on April 25th, 2007 and is nonrefundable after this date. Registered participants who are unable to attend are welcome to send a colleague in their place. Notice of withdrawal in writing prior to April 25th, 2007 will result in a refund minus \$40. Registrations received after April 25th, will be considered only if space permits. Please complete the registration form included with the flyer.

Receipt

Your receipt is valuable. It is an official receipt and is proof of registration. The original receipt must be returned to the Division of Geriatric Medicine in the case of refund. A \$5 fee is charged for a replacement receipt.

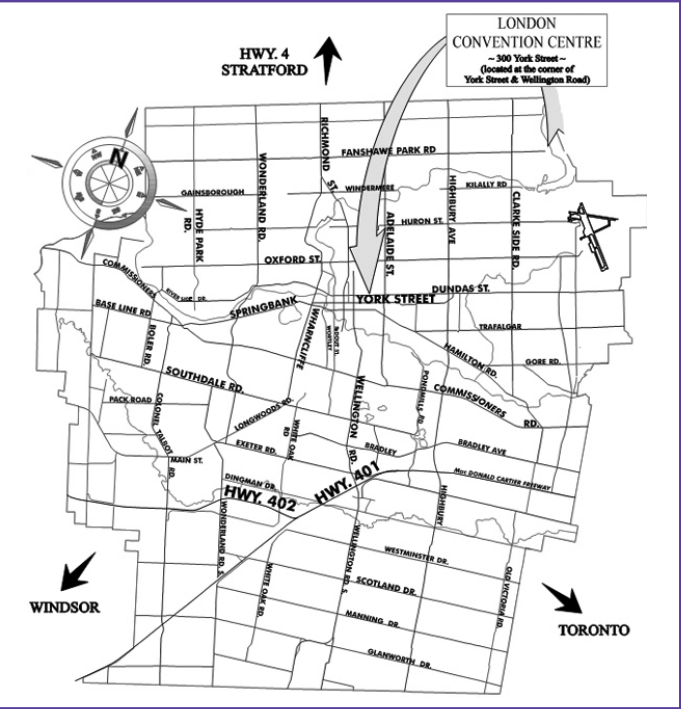
LONDON CONVENTION CENTRE

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<http://www.londoncc.com>



Directions:

The best route is **Wellington Road North** exit (#186B) off **HWY. 401** and remain on Wellington Road to downtown London. You will pass under the railway tracks just before **York Street**. Turn **right (east) off of Wellington on to York Street**, the London Convention Centre is located on the **north side of York Street**. The entrance to the underground parking is located on the east side of the London Convention Centre.

Parking:

Free Parking will be provided for all conference registrants ONLY at the underground parking facility at the Convention Centre and Imperial Parking located across the street from the Convention Centre.

ACCOMMODATIONS

Delta London Armouries, 325 Dundas Street London, Ontario
Tel: 679 -6111, Toll Free: 1-877-814-7706

Hilton London, 300 King Street, London, Canada N6B1S2
Tel: 439-1661, Toll Free: 1-800-445-8667

